

Sneak Peek!



Book Club Questions or Individual Study
“Before you read... & Chapters 1-3”
Another Way

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Suggestions for **Book Clubs** or for **Individual Study**:

- Before you read each chapter, review the questions for that chapter.
- After reading each chapter, write out your answers to the questions to share in your **Book Club**. Or, write them out for your **Individual Study**.
- If you have other questions that come up, write them down to share with your **Book Club** or as part of your **Individual Study**.
- It is suggested to have at least one leader for a **Book Club** who is willing to organize the group meetings. For tweens or young adolescents, it is recommended that a trusted adult facilitate the **Book Club**. Teens may lead their own clubs; however, facilitation by a trusted adult is always a consideration.
- **Individual Study** is a beneficial way to connect with a book. However, if you are able to share your questions and answers with a trusted adult, his/her interaction and guidance may be very meaningful to you.
- Depending on the ages of readers as well as levels of maturity, **Book Clubs** may be organized by gender or they may be co-ed.
- As an added activity, consider summarizing each chapter after reading it. Keep it brief and ask yourself - What are three to five of the most important things I learned from this chapter?

Before you read *Another Way* ~

1. Have you ever read a book, watched a video, or taken a health class about teenagers and the challenges they face when making decisions about sex, drugs, alcohol and other at-risk social behaviors? If so, what was it and what did you learn from it?
2. What do you hope to discover by reading *Another Way*?

Chapter One ~ *She Knew One Thing* ~

1. Chloe loves to go to the beach and she especially enjoys spending time at her private lagoon. When she is there, she thinks about all kinds of stuff and tries to sort things out for herself. Is there a special place where you like to go where you can spend time alone, just thinking about stuff? Describe it and why you like spending time there. What do you think about?
2. At the end of Chapter One, we know that Chloe is feeling good about herself ; in other words, she likes who she is. How about you? Do you feel good about yourself? Why or why not? Are there any similarities between your feelings and Chloe's? Describe them. Are there any differences? If so, what are they?
3. Chloe has strong opinions about drugs and drinking and she isn't shy about sharing them. But when it comes to sex, "she keeps her thoughts to herself". How about you? Do you talk about any of these topics and with whom? Why or why not?
4. From Chapter One, what is your favorite quote or what part means the most to you? Why?

Chapter Two ~ *A Secret Agreement* ~

1. Chloe and Amanda have a very honest and open conversation with one another about sex and other social behaviors. But both girls admit that they don't really feel comfortable talking to their parents about sex. What questions or thoughts do you have right now about sex or other

social behaviors? Have you had a conversation with your parents/guardians about sex? Have you talked with friends? Where are you getting answers to questions you might have or things you are wondering about?

2. At the end of Chapter Two, it is clear that Chloe isn't *ready* for sex. And although Amanda is getting more serious about Blair, she doesn't really feel *ready* yet, either. When you think about experimenting with drugs or alcohol or getting involved sexually, do you also think about whether or not you are *ready*? Should you think about it? Why or why not?
3. Do you make choices about engaging in sex, drugs, or alcohol (or other at-risk social behaviors) based on what your friends are doing or what everyone else is doing? Or, do you base your choices on what you want for yourself? Explain your responses by giving at least three different examples.
4. From Chapter Two, what is your favorite quote or what part means the most to you? Why?

Chapter Three ~ *It Feels So Good, It Must Be Right* ~

1. In the first lesson of *Another Way*, Rick asks the students, "Why do you think kids are sexually active?" Are there any reasons that you agree with? Which ones? Why? Are there any reasons you disagree with? Which ones? And why? How would you answer Rick's question? What would you add?
2. In Chapter Three, Rick introduces the concept of *readiness* and challenges the students to think about making their decisions based on their individual levels of *readiness* – not on what *feels right at the time*. He uses his experience playing football to explain what *readiness* means. What does it mean for you to be *ready*? Can you give an example in your academic life, athletic abilities or from other serious interests that illustrates what *readiness* means for you?
3. Many students share stories about being sexually active, giving examples from their own experiences and from the lives of others. Do you know someone who is sexually active (no names are necessary)? Do you think he or she is *ready*? Why or why not?

4. In this chapter, Rick also explains the concept of *free will* –“choosing to live our lives any way we want”. What does *free will* mean to you? Why does it matter?

5. At the end of the chapter, Rick assigns homework that expands upon the lessons of *Another Way*. Just like the students in the group were asked to do, spend time reflecting on these questions and writing down your thoughts.

- What is important to you –personally and inner personally? Write down as many people, places, and things that you can think of. This includes not only interests, hobbies, family, and friends but also qualities, characteristics, and beliefs that are important to you. Also, next to each one, write down *why* it is important to you. Take as much time as you need and make sure you include everything you can!

- The next few questions are tough. Really spend time on them. Do you value yourself?

If the answer is yes, how do you know you do and how do you show it? Another way of thinking about this is – who or what gives you worth? And, how do you show or demonstrate your worth?

If you answered no – that you do not value yourself or that nothing or no one gives you worth – although it may be difficult, write down your thoughts and explain why. The first step in valuing yourself is acknowledging what is true for you.

And, just like the students in *Another Way*, if you want to be creative – do so! As you work on this assignment, make an artistic collage out of pictures or drawings, or make something fun on the computer! Or, turn to Appendix A - Chloe’s Circles or Appendix B – Tyrell’s Code of Conduct, and start penciling them in. As the story unfolds, your ideas may evolve, change, and grow.

6. From Chapter Three, what is your favorite quote or what part means the most to you? Why?

Get ready to learn more about yourself and how to value yourself!

Get ready to discover what you want for yourself, based on your levels of readiness,

not anyone else’s!

Are You Ready For Sex?

14 year old Chloe Wheeler is not sure.

Searching for guidance, she finds...

Another Way



A Novel

Ages 11 and over

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**Not just another book...
But Another Way of being!**

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